

Example Participation Map - Non-Verbal Observation

Do you have assumptions about what participants are thinking due to non-verbal behaviors?

Observe and note the nonverbal behaviors you can identify below. When discussing behaviors the trick is to express how they affect you and not assign meaning. For instance, “When people fold your arms it makes me feel like they are defensive. Did this make you defensive or was it something else?” Allow participants to assign meaning.

Tally in the columns each time that behavior occurs—you can use the “tick” system of counting. An example of a completed participation map can <http://altconsulting.us/meeting-maps/>

Participant	Jane	John	Chris	Lydia	Teron	Kyle	Kyra	
Leans forward to the table	II	II		IIIIIIII	IIII			
Leans away from the table	IIIIIIII		IIIIIIII	IIII	IIII	II	III	
Eyes attentive to the group	IIIII	II	IIII			II	II	
Arms folded, body “closed”	I	I	I	IIIIII	I	I	I	
Doodling, eyes wandering, apparently daydreaming, out of touch	III	III	IIIIII		III	III	III	
Makes side comments to neighbors	IIIII		IIIIIIII	IIII	I	IIIIII	II	
Checks Phone or Computer	IIII			IIIIII			I	
Other:								
Other:								